

OFFICE OF THE SUPERINTENDENT OF SCHOOLS

106 Hancock Road
Peterborough, New Hampshire

CONTOOCOOK VALLEY SCHOOL BOARD

School Board Meeting

Tuesday, September 5, 2023

7:00 p.m.

Physical Location: SAU #1 Board Room

Livestream Link: <https://www.youtube.com/c/ConValEvents>

Agenda

1. Call to Order and Pledge of Allegiance
2. Nomination of District Clerk and Swearing in of New Board Member and Clerk
 - a. Brian Cisneros - District Clerk
 - b. Erin Pils-Martin - Board Member
3. Non-Public Session: RSA 91-A: 3, II
 - a. Legal
4. Points of Pride
5. Approval of Manifests (Board Vote Required)
6. Public Comment
5. Consent Agenda
 - a. Acceptance of School Board Meeting Minutes
 - 1) August 15, 2023 (pg. 1-3)
 - b. Personnel (pg. 4)
 - 1) Nominations
6. Superintendent's Report and Presentation of Business
 - a. Monthly Events Calendar (pg. 5-6)
 - 1) Policy Chair and Meetings
 - b. School Board Requests
 - c. September 1st Enrollment Update
 - d. Annual Assessment Schedule
7. Reports
 - a. SOC - Alan Edelkind
 - b. Selectmen's Advisory Committee – Alan Edelkind
 - b. Budget & Property Committee – Jim Fredrickson
8. Old Business
 - a. Pierce School Playground (pg. 7-9)
 - b. Budget Guidance
 - c. 4th School Board Goal Consideration
 - d. Policies – 2nd Read/Adoption
 - KFA: Public Conduct on School Property (pg. 10-11)
 - JLCF: Wellness (pg. 12-19)
9. New Business
 - a. Accept Gift/Donation (Board Vote Required) (pg. 20-22)
 - 1) ConVal High School requests authorization to accept from Terry Lantz, the gift/donation of a Yamaha Portable PA System valued at \$900.00 for the purpose of use at various high school events. (pg. 20)
 - 2) The Region 14 Applied Technology Center requests authorization to accept from Hypertherm Associates, the gift/donation of Powermax 65/85 Plasma Arc Cutting System valued at \$15,000 for the purpose of instructing student using industry standard equipment and software to cut metal. (pg. 21)
 - 3) The Region 14 Applied Technology Center requests authorization to accept from PI Physik Instruments the following gift/donation of metal stock valued at \$500 for the purpose of providing metal for students to practice welding on. (pg. 22)
10. Public Comment
11. Non-Public Session: RSA 91-A: 3, II
 - a. Negotiations
 - b. Student
12. Adjourn

**OFFICE OF THE SUPERINTENDENT OF SCHOOLS
106 Hancock Road
Peterborough, New Hampshire**

CONTOOCCOOK VALLEY SCHOOL BOARD

School Board Meeting

Tuesday, August 15, 2023

7:00 p.m.

Physical Location: SAU #1 Board Room

Livestream Link: <https://www.youtube.com/c/ConValEvents>

Minutes

BOARD

William Bryk, Tom Burgess,
Richard Dunning, Alan Edelkind,
Jim Fredrickson, Dan Harper,
Michael Hoyt, Thomas Kirlin,
Greg Kriebel, Janine Lesser,
Crista Salamy

ADMINISTRATION

Dr. Kimberly Saunders, Supt.
Brian Cisneros, B.A.
Adam Caragher, GBS
Beth Gibney, AES
Nicole Pease, DCS
Jessica Vezina, HES
Rachel Lunan-Hill, FES
Larry Pimental, PES
Tim Conway, SMS
Erik Thibault, CVHS

1. Call to Order and Pledge of Allegiance

Dick Dunning called the meeting to order at 7:00 p.m. The Pledge of Allegiance was recited.

Dick Dunning recognized Crista Salamy for her service on the School Board. Tonight, was Crista's last night serving on the board.

2. Approval of Manifests (Board Vote Required)

Brian Cisneros certified that Manifests totaling \$865,818.10 have been reviewed by him and found to be proper charges against the Contoocook Valley School District for goods and/or services received and have been properly processed prior to their submittal to the School Board.

Jim Fredrickson moved to approve the manifests. William Bryk seconded. Unanimous.

3. Public Comment

None.

4. Consent Agenda

a. Acceptance of School Board Meeting Minutes

1) August 1, 2023

b. Personnel

1) Nominations

The Consent Agenda was accepted.

5. Superintendent's Report and Presentation of Business

a. Monthly Events Calendar

Dick Dunning asked Policy members to consider meeting on the first Thursday for two hours.

b. School Board Requests

There remains one outstanding School Board request.

Openings in the district include 44 openings. Of these, 28 are in the process of hiring.

6. Reports

a. Policy Committee – Crista Salamy

Crista Salamy reported two new policies come for a first read to the board tonight. The committee is working on the dress code policy and will return to policy for a quick read before moving to the board.

b. Strategic Organization Committee – Alan Edelkind

Alan Edelkind reported that Prismatic Services is on site this week in the district and is meeting with School Board members as well as conducting site visits. They will return on September 18th to conduct further meetings.

Prismatic will be meeting with Selectmen's Advisory this Thursday. There is a lot of preliminary activity taking place. Staff will be surveyed. Once some of this work is completed there will be more to report on.

c. Budget & Property Committee – Jim Fredrickson

Jim Fredrickson reported that budget guidance for FY'24-25 was discussed. The first Saturday in November will be the budget guidance work session.

7. Old Business

a. School Board Goals Discussion

Dick Dunning referenced the three goals and asked for a vote. In addition, a fourth goal is proposed which can be found in the School Board drive for tonight's meeting.

Greg Kriebel moved to approve the three goals presented. Janine Lesser seconded. Unanimous.

b. Additional Adequacy Discussion

Kimberly Saunders said that there are additional dollars, by town, as a result of additional adequacy that came forward after the school budget was complete.

A town meeting could be scheduled to determine how to spend the \$345,085.00 or make the decision to return these funds to the taxpayers.

Brian Cisneros said that this goes on the MS-24 for the fall so a decision is needed prior.

Jim Fredrickson moved to return the additional adequacy dollars to the taxpayers. Seconded. Unanimous.

8. New Business

a. School Handbooks

Mike Hoyt said that he noticed the two middle schools have vastly different dress codes and he suggested making them similar.

Dick Dunning said that he assumed Mike was referring to the hat and hood codes.

Dick Dunning directed administration to make the change to reflect the handbooks to be the same.

Antrim Elementary Handbook –

Crista Salamy moved to approve the Antrim Elementary School Handbook. William Bryk seconded.

Tom Kirlin noted formatting references to parents and guardians that are inconsistent that the School Board should pay attention to. We go from student to child in the same sentence. Sometimes parent, parent/guardian, or other language is used. It should be consistent.

Kimberly Saunders shared her appreciation for the thoroughness. There are times where children vs. students are referred. A parent's child is referred to as a child and not a student. It is their child but our student. They will be gone through very carefully. She asked that they be accepted for rules, regulations, and content and direct administration to reformat and return when corrected. Opening without an approved handbook is not a good place to start school with.

Dick recommended that the handbooks be approved with the recommendation that the formatting be corrected. It is critical to have the handbook in hand.

William Bryk moved to approve the handbooks with the recommendation that the formatting be corrected. Greg Kriebel seconded. Unanimous.

Pierce Elementary School - Crista Salamy moved to accept the handbook. William Bryk seconded. Unanimous.

Dublin Consolidated School – Crista Salamy moved to accept the handbook. Greg Kriebel seconded. Unanimous.

Franchtown Elementary School – Crista Salamy moved to accept the handbook. Mike Hoyt seconded. Unanimous.

Greenfield Elementary School – Crista Salamy moved to accept the handbook. Greg Kriebel seconded. Unanimous.

Hancock Elementary School – Crista Salamy moved to accept the handbook. Greg Kriebel seconded. Unanimous.

Peterborough Elementary School - Crista Salamy moved to accept the handbook. Greg Kriebel seconded. Unanimous.

Temple Elementary School - Crista Salamy moved to accept the handbook. Greg Kriebel seconded. Unanimous.

Great Brook School – William Bryk moved to accept the handbook with change of dress code. Greg Kriebel seconded. Unanimous.

South Meadow School – Crista Salamy moved to accept the handbook. Greg Kriebel seconded. Janine Lesser confirmed that the two middle school will read the same. Unanimous.

CVHS - Dan Harper suggested a welcoming letter from Heather McKillop be included in the handbook. William Bryk moved to accept the handbook. Greg Kriebel seconded. Unanimous.

b. Policies – 1st Read

KFA: Public Conduct on School Property

JLCF: Wellness

The two policies were referenced for a first read. Send comments on these policies to the Superintendent.

c. Expenditure and Encumbrance Report – Brian Cisneros

Brian Cisneros noted Line 430 - maintenance, is the parking lot. Waiting for funds to come in between fund balance and trust funds.

Pupil transportation was touched on.

Jim Fredrickson moved to accept the expenditure and encumbrance report. Janine Lesser seconded. Unanimous.

9. Public Comment

None.

10. Non-Public Session: RSA 91-A: 3, II

a. Negotiations

b. Student

c. Legal

Janine Lesser motioned to enter into non-public session at 7:30 p.m. William Bryk seconded. Unanimous on a roll call vote.

William Bryk moved to exit non-public session at 8:05 p.m. Greg Kriebel seconded at 8:05 p.m.

William Bryk moved to approve the requests for placement of students. Jim Fredrickson seconded. Unanimous.

11. Adjourn

Motion to adjourn at 8:05 by William Bryk. Tom Burgess seconded. Unanimous.

Respectfully submitted,

Brenda Marschok

OFFICE OF THE SUPERINTENDENT OF SCHOOLS
Peterborough, New Hampshire

CONTOOCOOK VALLEY SCHOOL DISTRICT

September 5, 2023
Personnel Agenda

ADDENDUM

2023-24 Nominations:

Elementary:

Pamela Murphy	PT School Nurse	\$42,411.11
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FES:

Laura Doell	Grade 3, 4 Teacher	\$61,450.62
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Margaret Sanchez	Grade 2 Teacher	\$45,100.00
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HES:

Nicole DeDecker	Grade 1 Teacher	\$72,642.56
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Kyleigh Joseph Smith	PK Teacher	\$ 50,100.00
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September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 District Closed – Labor Day Holiday	5 School Board Mtg. @ SAU @ 7:00 p.m.	6	7 Policy Committee Mtg. @ SAU @ 7:00 p.m.	8	9
10	11	12 Budget & Property Committee Mtg. @ SAU @ 5:45 p.m.	13	14	15	16
17	18	19 School Board Mtg. @ SAU @ 7:00 p.m.	20	21	22	23
24	25	26	27	28 Selectmen's Advisory Committee Mtg. @ SAU @ 7:00 p.m.	29	30

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Policy Committee Mtg. @ SAU @ 5:45 p.m. School Board Mtg. @ SAU @ 7:00 p.m.	4	5	6	7
8	9	10	11	12	13	14
15	16	17 Budget & Property Committee Mtg. @ SAU @ 5:45 p.m. School Board Mtg. @ SAU @ 7:00 p.m.	18	19	20	21
22	23	24	25	26 Selectmen's Advisory Committee Mtg. @ SAU @ 7:00 p.m.	27	28
29	30	31				

Pierce School Playground

The ConVal School District Facilities Dept response to HB 467-FN (attached) as it relates to the Pierce Elementary School playground will be the following.

The new legislation is only not even a month old (signed August 4th, 2023) and as of yet there are no associated administrative rules. Installers in NH have yet to respond to the legislation or make recommendations as to how this legislation will change installation of playgrounds. All playground owners throughout the country monitor, inspect and maintain their playgrounds per the Handbook for Public Playground Safety which is governed by the U.S. Consumer Product Safety Commission. Several of our facilities team members have attended extensive training and refreshers on playground safety and do annual inspections of our playgrounds in accordance with these maintenance procedures.

In reviewing the legislation and consulting with our in-house Certified Playground Safety Inspectors (CPSI). The best solution, at this juncture, would be to install rubber stall matting, 4ftx6ftx 3/4in. (see attached) in a pathway over the top of engineered wood fiber to create the required accessibility to the adaptive playground equipment that the new Pierce Elementary School playground offers. I estimate the cost to be approximately \$840 to purchase and lay the matting. This solution would maintain the absorption properties of the playground surface and be the most cost effective solution until more guidance from the state is given.

The legislation states the surface to playground equipment will be **resilient solid surface material**. Corian countertop is considered a resilient solid surface. Clearly a surface this hard has zero absorption properties which are required in a playground surface material. Also puzzling is the legislation's reference to pathway material needing to be installed to every piece of equipment. 80% of all equipment on a playground is not adaptive. Clearly, there is more work to be done and until that time we should accept the generous gift of the new playground for our Pierce students until which time there is clarity from the State of NH regarding the definition and expectations of the new legislation.

If this is found to be an acceptable solution to this issue we will look at our other 8 playgrounds and install the same solution to access adaptive playground equipment. I have never been fond of the word "grandfathered" when addressing ADA compliance requirements. I estimate the price will be in the same \$800-\$900 range per playground.

Respectfully submitted,

Tim Grossi, Facilities Director

HB 467-FN - AS AMENDED BY THE SENATE

05/18/2023 1874s

2023 SESSION

23-0543

04/10

HOUSE BILL 467-FN

AN ACT relative to public playground accessibility.

SPONSORS: Rep. Kuttub, Rock. 17; Rep. Grossman, Rock. 11; Rep. McMahon, Rock. 17; Sen. Abbas, Dist 22

COMMITTEE: Municipal and County Government

AMENDED ANALYSIS

This bill requires public playgrounds in use on or after January 1, 2024 to have resilient solid surface materials for accessibility to the playground and each piece of equipment.

Explanation: Matter added to current law appears in bold italics.

Matter removed from current law appears [in brackets and struckthrough.]

Matter which is either (a) all new or (b) repealed and reenacted appears in regular type.

HB 467-FN - AS AMENDED BY THE SENATE

05/18/2023 1874s 23-0543

04/10

STATE OF NEW HAMPSHIRE

In the Year of Our Lord Two Thousand Twenty Three

AN ACT relative to public playground accessibility.

Be it Enacted by the Senate and House of Representatives in General Court convened:

1 1 New Subdivision; Public Playground Accessibility. Amend RSA 155 by inserting after section
2 82 the following new subdivision:

3 Public Playground Accessibility

4 155:83 Public Playground Accessibility. Any public playground constructed on or after January
5 1, 2024 shall, in addition to meeting general safety standards and Americans With Disabilities
6 Act

6 standards, include accessible pathways made from resilient solid surface material that is not
a loose

7 fill or aggregate, beginning at the entrance of the playground, continuing to each piece of
playground

8 equipment, and extending to the playground exit.

9 2 Effective Date. This act shall take effect 60 days after its passage.

LBA

23-0543

Amended 5/19/23

HB 467-FN- FISCAL NOTE

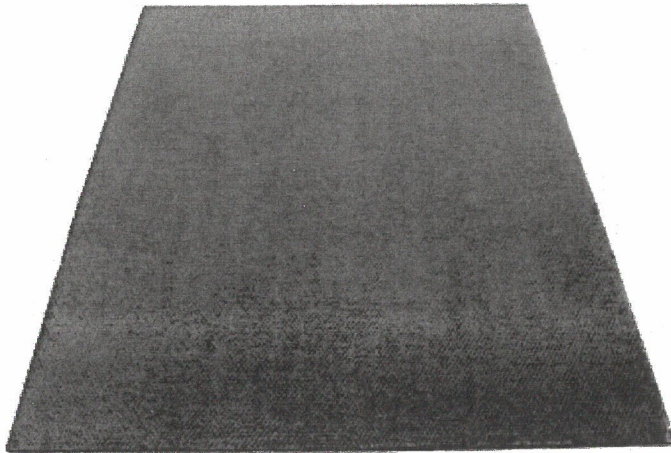
AS AMENDED BY THE SENATE (AMENDMENT #2023-1874s)

AN ACT relative to public playground accessibility.

FISCAL IMPACT: [] State [] County [] Local [X] None

METHODOLOGY:

This bill requires public playgrounds in use on or after January 1, 2024 to have resilient solid surface materials for accessibility to the playground and each piece of equipment.



Rubber Stall Mat 4ft X 6ft X 3/4in

- **Share this:**
- [Share on Facebook](#)
- [Pin on Pinterest](#)
- [Tweet on Twitter](#)
- **UPC:** 664922344606
- **SKU:** 06610110
- **Model Number:** 67624

These mats are constructed of clean 100 percent recycled rubber. There are no overwhelming rubber odors, no hidden contaminants or filling agents, and no grooves which are prone to bacteria growth. They are easy on your horse and easy to keep clean. These stall mats carry a 15 year manufacturers' warranty, and are made entirely in the U.S.A.

UPDATED KFA – Public Conduct on School Property

For purposes of this policy, “school property” means any buildings, vehicles, property, land, or facilities used for school purposes or school-sponsored events, whether public or private.

The School District expects mutual respect, civility, and orderly conduct among all individuals on school property or at a school event. No person on school property or at a school event shall:

1. Injure, threaten, harass, or intimidate a staff member, a School Board member, sports official or coach, or any other person;
2. Damage or threaten to damage another’s property;
3. Damage or deface School District property;
4. Engage in behaviors that are harassing or discriminatory in nature based on a person’s actual or perceived age, sex, gender identity, sexual orientation, marital status, familial status, disability, religion, national origin race, or color (including those traits historically associated with race, color or religion, including but not limited to head coverings, hair texture, or protective hairstyles);
5. Use, or attempt to use, or threaten to use any device, instrument, material, or substance (“prohibited object”) with the purpose to injure, threaten, intimidate, or coerce another person;
6. Violate any New Hampshire law, or town or county ordinance;
7. Smoke or otherwise use tobacco products;
8. Consume, possess, distribute, or be under the influence of alcoholic beverages or illegal drugs, or possess dangerous devices or weapons (persons known or suspected to be under the influence of liquor or a controlled substance will not be permitted to enter the school building or grounds, and law enforcement may be contacted);
9. Impede, delay, disrupt, or otherwise interfere with any school activity or function (including using cellular phones in a disruptive manner);
10. Enter upon any portion of school premises at any time for purposes other than those that are lawful and authorized by the School Board, the Superintendent, building Principal,, or their designees;
11. Operate a motorized vehicle in violation of an authorized District employee’s directive or posted signs.
12. Operate (either upon or over school property) a drone or other unmanned aircraft except as provided under Board policy
13. Violate other District policies or regulations, or an authorized District employee’s/personnels’ directive.
14. Refuse to comply with or obey a directive of any authorized District employee/personnel or posted rules or regulations.

Any person who violates this policy or any other acceptable standard of behavior may be ordered to leave school grounds by an authorized District employee . Law enforcement officials may be contacted at the discretion of the supervising district employee if such employee believes it necessary.

Additionally, the District reserves the right to issue “no trespass” letters to any person whose conduct violates this policy, acceptable standards of conduct, or creates a disruption to the school district’s educational purpose.

Legal References:

RSA 126-K:7, Use of Tobacco Products on Public Educational Grounds Prohibited

RSA 159:26, Firearms, Ammunition, and Knives; Authority of the State.

RSA 159-E, Presidential Executive Orders and Statutory Law Relating to the Right to Keep and Bear Arms

RSA 193:11, Disturbance

RSA 193:38, Discrimination in Public Schools

RSA Chapter 193-B, Drug Free School Zones

RSA Chapter 193-F, Pupil Safety and Violence Prevention

RSA 635:2, Criminal Trespass

RSA 631:3, V, Reckless Conduct

Category: Recommended

1st Read: May 3, 2016

2nd Read: May 17, 2016

Adopted: May 17, 2016

1st Read: August 15, 2023

2nd Read: September 5, 2023

Adopted:

JLCF- Wellness

Category: Priority/Required by Law

Related Policies: EF, IMAH, JLC, JLCF & JLCI

The Board recognizes the importance of proper nutrition and developmentally appropriate physical activity as ways of promoting healthy lifestyles, minimizing childhood obesity, and preventing other diet-related chronic diseases. The Board believes that health and student success are interrelated. The Contoocook Valley School District is committed to providing a school environment that enhances learning and the development of lifelong wellness practices.

This policy outlines the District's approach to ensuring environments and opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day. This policy should be deemed complementary to the other policies of the District pertaining to social and emotional wellness.

This policy applies to all students, staff and schools in the District.

Purpose

A systemic wellness program that integrates both healthy nutrition and physical activity into the health and physical education curriculums and that consults with school health and the food service program.

An overall school environment before, during and after school hours that encourages students to make healthy food choices, develops healthy eating habits, and promotes opportunities for physical activity.

Goals

- I. The District shall teach, encourage, support and model healthy eating habits for students.
- II. The District shall teach, encourage, support, and model age appropriate daily physical activity.
- III. The District shall educate students, employees, school board and community members to the important benefits of a healthy lifestyle.
- IV. The Schools shall comply with the nutrition guidelines outlined in this policy in a manner designed to facilitate the adoption of healthier eating habits.

JLCF- Wellness

DISTRICT WELLNESS COMMITTEE

The Superintendent shall designate a Building Wellness Coordinator for each school to help ensure compliance with this policy at the building level. A building level wellness committee may be formed to assist the building coordinator in the implementation and evaluation of this policy.

The Superintendent shall convene a District Wellness Committee whose functions will include review and recommendations regarding implementation of and updates to this policy, and establishment of specific goals for nutrition promotion, education and physical activity.

The District Wellness Committee should represent each school and the diversity of the community. The committee shall consist of the Food Services director, each Building Wellness Coordinator, parents, students, school nurses, physical education teachers, health education teachers, school administrators and a school board member. It may also include outside health professionals such as registered dietitians, pediatricians, pediatric nurse practitioners and members of the public and others with expertise in nutrition and physical activity.

The Superintendent or his/her designee shall serve as the Chairperson of the District Wellness Committee, and shall maintain an updated roster of Building Wellness Coordinators and other persons serving on the Committee. Staff appointments to the Wellness Committee shall be made by the Superintendent or her designee. The School Board Chair shall appoint the School Board member. Remaining members, other than those who are ex officio shall be appointed and approved by the Wellness Committee.

The District Wellness Committee shall meet no less than three (3) times per school year.

As a statutory committee, the Wellness Committee shall comply with the requirements of RSA 91-A regarding meetings.

JLCF- Wellness

WELLNESS POLICY IMPLEMENTATION, MONITORING, ACCOUNTABILITY AND COMMUNITY ENGAGEMENT

A. Implementation Plan.

Each Building Wellness Coordinator, with the assistance of the Wellness Committee, will conduct an annual school level assessment based on the Centers for Disease Control and Prevention's School Health Index, using tools available through such programs as the Alliance for a Healthier Generation *Schools | Alliance for a Healthier Generation* and to create an action plan and generate an annual progress report. The school-level assessment/report should be completed by September 30th of each school year and provided to the Superintendent.

B. Annual Notification of Policy.

The District will annually inform families and the public of basic information about this policy, including its content, any updates to the policy, and implementation status. The District will make this information available via the district website. This information will include the contact information of the chairperson of the Wellness Committee as well as how the public can get involved with the District Wellness Committee.

C. Triennial Progress Assessments.

Every three years, the Wellness Committee will assess:

- The extent to which each of the District's schools are in compliance with the wellness policy;
- The extent to which the District Wellness Policy compares to model wellness policies; Wellness Committee And
- A description of the progress made in attaining the goals of the District's Wellness Policy.

The Wellness Committee will make recommendations to update the District Wellness Policy based on the results of the annual School Health Index and triennial assessments and/or as District priorities change; community needs change; wellness goals are met; new health science, information, and technology emerges; and new Federal or state guidance or standards are issued. The Board will review and act upon such assessments as required or as the Board deems appropriate.

JLCF- Wellness

D. Recordkeeping.

The Superintendent or his/her designee will retain records related to this Policy, to include at least the following:

- The District Wellness Policy;
- The most recent assessment on the implementation of the local school wellness policy;
- Documentation on how the District Wellness Policy and Policy assessments are/were made available to the public;
- Documentation confirming annual compliance with the requirement that District Wellness Policy, including updates, and the most recent assessment on the implementation of the Policy have been made available to the public; and
- Documentation of efforts to review and update the District Wellness Policy; including who is/was involved in each update and methods the District uses to make stakeholders aware of opportunities to participate on the District Wellness Committee.

E. Community Involvement, Outreach and Communications.

The District will communicate ways in which representatives of the District Wellness Committee and others can participate in the development, implementation and periodic review and update of the wellness policy through a variety of means appropriate for that district. The District will also inform parents/guardians of the improvements that have been made to school meals and compliance with school meal standards, availability of child nutrition programs and how to apply, and a description of and compliance with Smart Snacks in School nutrition standards.

JLCF- Wellness

NUTRITION

A. School Meals.

All schools within the District participate in USDA child nutrition programs, including the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). District schools are committed to offering school meals that:

- Are accessible to all students;
- Are appealing and attractive to children;
- Are served in clean and pleasant settings;
- Promote healthy food and beverage choices; and
- Meet or exceed current nutrition requirements established by local, state, and Federal statutes and regulations. The District offers reimbursable school meals that meet USDA nutrition standards, which may be found at:

<https://www.fns.usda.gov/school-meals/nutrition-standards-school-meals>

B. Staff Qualifications and Professional Development

The District shall meet or exceed the applicable state and federal qualifications and standards for its school food and nutrition personnel as well as the applicable hiring, professional standards and annual continuing education standards. **C. Water.**

To promote hydration, free, safe, unflavored drinking water will be available to all students at every school throughout the school day, including mealtimes. To the extent drinking water comes from well water, the well water shall be tested for potability in accord with state standards, but no less than on a triennial basis.

D. Competitive Foods and Beverages and Marketing of Same in Schools.

"Competitive foods and beverages" (i.e., foods and beverages sold and served or marketed during the school day, but outside of the school meal programs) must meet the USDA Smart Snacks in School nutrition standards, which may be accessed at:

<https://www.fns.usda.gov/school-meals/smart-snacks-school>

These standards will apply in all locations and through all services where foods and beverages are sold, which may include, but are not limited to, à la carte options in cafeterias and vending machines.

JLCF- Wellness

Except as may be provided elsewhere in this Policy, any foods and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School nutrition standards. Food and beverage marketing is defined as advertising and other promotions in schools, including, but is not limited to:

- Brand names, trademarks, logos or tags, except when placed on a physically present food or beverage product or its container.
- Displays, such as on vending machine exteriors.
- Corporate brand, logo, name or trademark on school equipment, such as marquees, message boards, scoreboards or backboards (**note:** immediate replacement of these items are not required; however, districts will replace or update scoreboards or other durable equipment when existing contracts are up for renewal or to the extent that is financially possible over time so that items are in compliance with the marketing policy.).
- Corporate brand, logo, name or trademark on cups used for beverage dispensing, menu boards, coolers, trash cans and other food service equipment; as well as on posters, book covers, pupil assignment books or school supplies displayed, distributed, offered or sold by the District.
- Advertisements in school publications or school mailings.
- Free product samples, taste tests or coupons of a product, or free samples displaying advertising of a product.

Corporate brand names, logos, and trademarks for companies that market products that comply with the USDA Smart Snacks in School nutrition standards will not be prohibited because they offer some non-compliant food or beverage items in their product line. Likewise, the marketing restrictions do not apply to clothing or other examples of expression which include brand information for non-compliant food or beverage items.

As the District, school athletic department, and parent teacher associations review existing contracts and consider new contracts, equipment and product purchasing (and replacement) decisions should reflect the applicable marketing guidelines established by the District wellness policy.

JLCF- Wellness

E. Celebrations and Rewards.

All foods offered during the school day on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards. Foods and beverages will not be used as a reward or withheld as punishment for any reason. Schools should limit celebrations that involve food during the school day. The District will make available a list of healthy party ideas to parents and teachers, including non-food celebration ideas, and a list of foods and beverages which meet Smart Snack nutrition standards. Each party should include no more than one food or beverage that does not meet nutrition standards for foods and beverages

F. Food Sale Fundraising.

Foods and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus during the school day. Fundraising groups are encouraged to choose non-food fundraisers, and to consider healthy fundraising ideas. Notwithstanding this provision, each school may allow up to nine (9) bake sales or other fundraising food sales of non-compliant foods (i.e., that do not meet Smart Snack standards), which are no more than one day in duration each.

G. Nutrition Promotion.

The District will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meal programs. This promotion shall include:

Ensuring 100% of foods and beverages promoted to students during the school day meet the USDA Smart Snacks in School nutrition standards. Additional promotion techniques that the District and individual schools may use are available through the Smart Food Planner of the Alliance for a Healthier Generation, available at:

<https://www.healthiergeneration.org/our-work/business-sector-engagement/improving-access-to-address-health-equity/smart-food-planner>

H. Nutrition Education.

The District will teach, model, encourage and support healthy eating by all students. Nutrition education shall be included in the health curriculum so that instruction is sequential and standards-based and provides students with the knowledge, attitudes, and skills necessary to lead healthy lives.

- Nutrition education posters will be displayed in each cafeteria or if no cafeteria, each room in which students regularly eat their lunches. .
- Consistent nutrition messages shall be disseminated throughout the school.

JLCF- Wellness

PHYSICAL ACTIVITY.

The District will provide physical education consistent with national and state standards. Physical activity during the school day (including but not limited to recess, classroom physical activity breaks or physical education) **will not be withheld** as punishment for any reason.

In addition to any recess periods provided in the ordinary daily schedule, students will be offered periodic opportunities to be active or to stretch throughout the day. The District recommends teachers provide short (3-5 minute) physical activity breaks to students during or between classroom time at least three days per week. These physical activity breaks will complement, not substitute, for physical education class, recess, and class transition periods.

V. OTHER ACTIVITIES TO PROMOTE STUDENT WELLNESS.

The District will endeavor to integrate wellness activities across the entire school setting, not just in the cafeteria or physical education and athletic facilities. In furtherance of this objective each school engage in at least one activity each school year that seeks to integrate wellness throughout the school community.

PROFESSIONAL LEARNING.

When feasible, the District will offer annual professional learning opportunities and resources for staff to increase knowledge and skills about promoting healthy behaviors in the classroom and school (e.g., increasing the use of kinesthetic teaching approaches or incorporating nutrition lessons into math class).

Legal References:

42 U.S.C. 1751, Richard B. Russell National School Lunch Act
42 U.S.C. 1771, Child Nutrition Act of 1966
Section 204 of Public Law 108-265, Child Nutrition and WIC Reauthorization Act of 2004
The Healthy Hunger-Free Kids Act of 2010
7 C.F.R 210, National School Lunch Program
7 C.F.R 220, School Breakfast Program
RSA 189:11-a, Food and Nutrition Programs
N.H. Dept. of Education Administrative Rule – Ed 306.04 (a)(20), Wellness
N.H. Dept. of Education Administrative Rule – Ed 306.11 (g), Food and Nutrition Services
N.H. Dept. of Education Administrative Rule – Ed 306.38 (b)(1)b, Family and Consumer
Science Education Program (middle schools)
N.H. Dept of Education Administrative Rule – Ed 306.40, Health Education Program

1st Read: August 15, 2023

2nd Read: September 5, 2023

Adopted:

NEW HAMPSHIRE PUBLIC SCHOOLS
SCHOOL ADMINISTRATIVE UNIT #1

CONTOOCCOOK VALLEY SCHOOL DISTRICT
OFFICE OF THE SUPERINTENDENT OF SCHOOLS
106 Hancock Road, Peterborough, NH, 03458-1197

Telephone: 603-924-3336

Fax: 603-924-6707

Dr. Kimberly Saunders
Superintendent of Schools
ksaunders@conval.edu

Dr. Ann Forrest
Assistant Superintendent of Schools
aforrest@conval.edu

TO: Contoocook Valley School Board
FROM: Jennifer Kiley, Region 14 ATE Director
DATE: August 8, 2023
RE: REQUEST TO ACCEPT A GIFT OR DONATION

The ConVal High School requests authorization to accept from:

Name/Address: Terry Lentz, 52 Old Jaffrey Road,
Peterborough, NH 03458

the following gift/donation of: Yamaha Stagepas 400 BT ^{Portable PA System} valued at *\$ 900

for the purpose of: use at various high school events

*All checks, upon receipt, should be sent to Accounts Receivable at the SAU Office.


Teaching/Supervising Principal's Signature

SAU OFFICE USE ONLY: Date Received _____

Date Approved by School Board _____

Date Not Approved by School Board/Reason: _____

Date Check Received by SAU: _____

NEW HAMPSHIRE PUBLIC SCHOOLS
SCHOOL ADMINISTRATIVE UNIT #1

CONTOOCCOOK VALLEY SCHOOL DISTRICT
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Telephone: 603-924-3336

Fax: 603-924-6707

Dr. Kimberly Saunders
Superintendent of Schools
ksaunders@conval.edu

Dr. Ann Forrest
Assistant Superintendent of Schools
aforrest@conval.edu

TO: Contoocook Valley School Board

FROM: Jennifer Kiley, Region 14 ATC Director

DATE: August 8, 2023

RE: REQUEST TO ACCEPT A GIFT OR DONATION

The Region 14 Applied Technology ^{Center} School requests authorization to accept from:

Name/Address: Hypertherm Associates, 71 Heater Road,
Lebanon, NH 03764

the following gift/donation of: Powermax 65/85 Plasma Arc ^{Cutting System} valued at *\$ 15,000

for the purpose of: instructing students using industry standard
equipment and software to cut metal.

*All checks, upon receipt, should be sent to Accounts Receivable at the SAU Office.

Heather J. McKillop
Teaching/Supervising Principal's Signature

SAU OFFICE USE ONLY: Date Received _____

Date Approved by School Board _____

Date Not Approved by School Board/Reason: _____

Date Check Received by SAU: _____

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Fax: 603-924-6707

Dr. Kimberly Saunders
Superintendent of Schools
ksaunders@conval.edu

Dr. Ann Forrest
Assistant Superintendent of Schools
aforrest@conval.edu

TO: Contoocook Valley School Board

FROM: Jennifer Kiley

DATE: August 14, 2023

RE: REQUEST TO ACCEPT A GIFT OR DONATION

The Region 14 Applied Technology Center School requests authorization to accept from:

Name/Address: PI Physik Instrumente, LP, 18 Celina
Avenue, Unit 11, Nashua, NH 03063

the following gift/donation of: metal stock valued at * \$ 500

for the purpose of: providing metal for students to practice
welding on

*All checks, upon receipt, should be sent to Accounts Receivable at the SAU Office.

[Signature]
Teaching/Supervising Principal's Signature

SAU OFFICE USE ONLY: Date Received _____

Date Approved by School Board _____

Date Not Approved by School Board/Reason: _____

Date Check Received by SAU: _____